附表 1

《国家学生体质健康标准》登记卡（小学 1～2 年级样表）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  | **学** | | **校** | |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| **姓** | **名** |  |  |  | **性** | |  | **别** |  |  | **学** | | **号** |  | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |
| **班** | **级** |  |  |  | **民** | |  | **族** |  |  | **出生日期** | | |  | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | **一年级** | | |  |  |  |  |  |  |  |  |  | **二年级** | |  |  |  |  |
|  | **单项指标** | |  |  |  |  |  |  |  | **单项指标** | |  |  |  |  |  |  |  |  |  |  |
|  | **成绩** | **得分** | | |  | **等级** | |  | **成绩** | | | **得分** | |  | **等级** |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重指数（BMI） | | |  |  |  |  |  |  |  | 体重指数（BMI） | |  |  |  |  |  |  |  |  |  |  |
| （单位：千克/米2） | | |  |  |  |  |  |  |  | （单位：千克/米2） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 肺活量 | |  |  |  |  |  |  |  | 肺活量 | |  |  |  |  |  |  |  |  |  |  |
| （单位：毫升） | | |  |  |  |  |  |  |  | （单位：毫升） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 50 米跑 | |  |  |  |  |  |  |  | 50 米跑 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：秒） | |  |  |  |  |  |  |  | （单位：秒） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 坐位体前屈 | |  |  |  |  |  |  |  | 坐位体前屈 | |  |  |  |  |  |  |  |  |  |  |
| （单位：厘米） | | |  |  |  |  |  |  |  | （单位：厘米） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 分钟跳绳 | |  |  |  |  |  |  |  | 1 分钟跳绳 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：次） | |  |  |  |  |  |  |  | （单位：次） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **标准分** | |  |  |  |  |  |  |  | **标准分** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
|  | 视力 | |  | | | | | | | | | | | | | | | | |  |  |
|  | **加分指标** | | **成绩** |  |  |  | **附加分** | | | **加分指标** | |  | **成绩** | | |  |  | **附加分** | |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 分钟跳绳 | |  |  |  |  |  |  |  | 1 分钟跳绳 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：次） | |  |  |  |  |  |  |  | （单位：次） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **学年总分** | |  |  |  |  |  |  |  | **学年总分** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **等级评定** | |  |  |  |  |  |  |  | **等级评定** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **体育教师签字** | |  |  |  |  |  |  |  | **体育教师签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **班主任签字** | |  |  |  |  |  |  |  | **班主任签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **家长签字** | |  |  |  |  |  |  |  | **家长签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

学校签章：

年 月 日

附表 2

《国家学生体质健康标准》登记卡（小学 3～4 年级样表）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  | **学** | | **校** | |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| **姓** | **名** |  |  |  | **性** | |  | **别** |  |  | **学** | | **号** |  | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |
| **班** | **级** |  |  |  | **民** | |  | **族** |  |  | **出生日期** | | |  | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | **三年级** | | |  |  |  |  |  |  |  |  |  | **四年级** | |  |  |  |  |
|  | **单项指标** | |  |  |  |  |  |  |  | **单项指标** | |  |  |  |  |  |  |  |  |  |  |
|  | **成绩** | **得分** | | |  | **等级** | |  | **成绩** | | | **得分** | |  | **等级** |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重指数（BMI） | | |  |  |  |  |  |  |  | 体重指数（BMI） | |  |  |  |  |  |  |  |  |  |  |
| （单位：千克/米2） | | |  |  |  |  |  |  |  | （单位：千克/米2） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 肺活量 | |  |  |  |  |  |  |  | 肺活量 | |  |  |  |  |  |  |  |  |  |  |
| （单位：毫升） | | |  |  |  |  |  |  |  | （单位：毫升） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 50 米跑 | |  |  |  |  |  |  |  | 50 米跑 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：秒） | |  |  |  |  |  |  |  | （单位：秒） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 坐位体前屈 | |  |  |  |  |  |  |  | 坐位体前屈 | |  |  |  |  |  |  |  |  |  |  |
| （单位：厘米） | | |  |  |  |  |  |  |  | （单位：厘米） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 分钟跳绳 | |  |  |  |  |  |  |  | 1 分钟跳绳 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：次） | |  |  |  |  |  |  |  | （单位：次） | |  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 分钟仰卧起坐 | | |  |  |  |  |  |  |  | 1 分钟仰卧起坐 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：次） | |  |  |  |  |  |  |  | （单位：次） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **标准分** | |  |  |  |  |  |  |  | **标准分** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
|  | 视力 | |  | | | | | | | | | | | | | | | | |  |  |
|  | **加分指标** | | **成绩** |  |  |  | **附加分** | | | **加分指标** | |  | **成绩** | | |  |  | **附加分** | |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 分钟跳绳 | |  |  |  |  |  |  |  | 1 分钟跳绳 | |  |  |  |  |  |  |  |  |  |  |
|  | （单位：次） | |  |  |  |  |  |  |  | （单位：次） | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **学年总分** | |  |  |  |  |  |  |  | **学年总分** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **等级评定** | |  |  |  |  |  |  |  | **等级评定** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **体育教师签字** | |  |  |  |  |  |  |  | **体育教师签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **班主任签字** | |  |  |  |  |  |  |  | **班主任签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **家长签字** | |  |  |  |  |  |  |  | **家长签字** | |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

学校签章：

年 月 日

附表 3

《国家学生体质健康标准》登记卡（小学 5～6 年级样表）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  | **学** | **校** |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **姓** | **名** |  | |  | **性** | **别** |  |  |  | **学** | **号** |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |
| **班** | **级** |  | |  | **民** | **族** |  |  |  | **出生日期** | |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |
|  | **单项指标** | |  | **五年级** | |  |  |  | **六年级** | |  | **毕业成绩** | |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **成绩** |  | **得分** | **等级** | | **成绩** | **得分** | | **等级** | **得分** | **等级** |  |  |
|  |  |  |  |  |  |

体重指数（BMI）

（单位：千克/米2）

肺活量

（单位：毫升）

1. 米跑

（单位：秒）

坐位体前屈

（单位：厘米）

* 1. 分钟跳绳（单位：次）

1. 分钟仰卧起坐（单位次）
2. 米×8 往返跑（单位：分·秒）

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **标准分** |  |  |  |  |
| **视力** |  | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **加分指标** | **成绩** | **附加分** | **成绩** | **附加分** |

1分钟跳绳（个）

**学年总分**

**等级评定**

**体育教师签字**

**班主任签字**

**家长签字**

学校签章：

年 月 日

附表 4

**《国家学生体质健康标准》登记卡(初中样表）**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  | **学** | **校** | | | |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |
| **姓** | **名** |  |  |  |  | **性** | | **别** |  |  |  |  |  | **学** | **号** | | |  | |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |  |  |  |  |  |  |  |  |
| **班** | **级** |  |  |  |  | **民** | | **族** |  |  |  |  |  | **出生日期** | | | |  | |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |
|  | **单项指标** | |  | **初一** | |  |  |  |  | **初二** | |  |  |  |  | **初三** | | | |  |  |  |  | **毕业成绩** | |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **成绩** | **得分** | |  |  | **等级** | **成绩** | **得分** | |  | **等级** | **成绩** |  | **得分** | | | |  | **等级** |  |  | **得分** | **等级** |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重指数（BMI）（千克/米2） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 肺活量（毫升） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 50 米跑（秒） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 坐位体前屈(厘米） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 立定跳远（厘米） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 引体向上（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 分钟仰卧起坐(女)（次） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1000 米跑（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 800 米跑(女)（分·秒） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **标准分** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **视力** | |  | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |
|  | **加分指标** | | **成绩** |  |  | **附加分** | | | **成绩** |  |  | **附加分** | | **成绩** | | |  |  | | **附加分** | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 引体向上（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 分钟仰卧起坐(女)（次） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1000 米跑（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 800 米跑(女)（分·秒） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **学年总分** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **等级评定** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **体育教师签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **班主任签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **家长签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | 学校签章： | | |  |  |  |  |  |  |  | 年 | 月 | | 日 |  |  |  |

附表 5

《国家学生体质健康标准》登记卡(高中样表）

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  | **学** | **校** | | | |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |
| **姓** | **名** |  |  |  |  | **性** | | **别** |  |  |  |  |  | **学** | **号** | | |  | |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |  |  |  |  |  |  |  |  |
| **班** | **级** |  |  |  |  | **民** | | **族** |  |  |  |  |  | **出生日期** | | | |  | |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |
|  | **单项指标** | |  | **高一** | |  |  |  |  | **高二** | |  |  |  |  | **高三** | | | |  |  |  |  | **毕业成绩** | |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **成绩** | **得分** | |  |  | **等级** | **成绩** | **得分** | |  | **等级** | **成绩** |  | **得分** | | | |  | **等级** |  |  | **得分** | **等级** |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重指数（BMI）（千克/米2） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 肺活量（毫升） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 50 米跑（秒） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 坐位体前屈(厘米） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 立定跳远（厘米） | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 引体向上（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 分钟仰卧起坐(女)（次） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1000 米跑（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 800 米跑(女)（分·秒） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **标准分** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | |  |  |  |  |  |  | |  |  |  | |  |  |  |  |  |  |  |  |
|  | **视力** | |  | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |
|  | **加分指标** | | **成绩** |  |  | **附加分** | | | **成绩** |  |  | **附加分** | | **成绩** | | |  |  | | **附加分** | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 引体向上（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 分钟仰卧起坐(女)（次） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1000 米跑（男）/ | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 800 米跑(女)（分·秒） | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **学年总分** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **等级评定** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **体育教师签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **班主任签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **家长签字** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 注：中等职业学校参照本样表执行。 | | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | 学校签章： | | |  |  |  |  |  |  |  | 年 | 月 | | 日 |  |  |  |